



Support Group for Those Experiencing the Death of a Spouse or Partner

The **Faculty and Staff Counseling and Consultation Office (FASCCO)** is offering an ongoing confidential support group for anyone experiencing the death of a spouse or partner.

This group will address various topics that may include loneliness, parenting, social isolation, new role/identity as widow or widower, etc. The intent of the group will be driven by topics that are important to the participants. This offering emphasizes group discussion of participants as well as educational components. No one will be required to speak, but doing so often helps the grieving process.

There is no charge for faculty or staff to attend. Participants are encouraged to bring a lunch.

The group facilitators have many years of grief support experience and have conducted educational presentations on grief and loss over the past 10 years.

Pre-registration is required.

WHEN: First Thursday of every month beginning October 3, 2019.

TIME: 12:00 – 1:15 p.m.

WHERE: University Psychological Clinic, 500 E. Washington, Suite 100. Exact room to be identified on the day of the group and signage will be present.

REGISTER: Contact Tina Weymouth cmwey@umich.edu or Joanne Bernard jmrbernar@umich.edu at (734) 936-8660 or fascco@umich.edu



**FACULTY & STAFF COUNSELING
& CONSULTATION OFFICE**
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