

We're looking for **ERGO HEROES!**

Nominate a co-worker for an
MHealthy Ergonomics Hero Award!



INDIVIDUAL HERO AWARDS

Nominate a co-worker who has reduced their risk of sprains and strains by using recommended postures, work strategies, or equipment. Or nominate a manager or supervisor who supports staff by applying ergonomic solutions in the workplace.

Nominations are accepted year-round and it only takes 5 minutes to submit the online form.

Winners will be recognized with an Ergo Hero lapel pin and a congratulatory certificate.



Find us on



Submit an ergonomics award nomination at

MHealthy.umich.edu/ergoawards

If you are not able to use a computer, you can submit a nomination by calling 734-763-0852.