

MHealthy Thrive!

Statement on Kindness and Collegiality



The University of Michigan is a leader in education, research, and patient care. To sustain that leadership, we promote a healthy social and emotional work culture. We value all members of our community, and we know that a civil and considerate environment is integral to the health and well-being of faculty and staff.

We aspire to treat each other well, by adopting the following attitudes and behaviors:

- **Choose kindness.** Always treat each other with consideration and respect, whether in person, on the phone, over email, or on social media.
- **Think the best.** Assume we are all trying to do the right thing. Put yourself in the other person's shoes, and be flexible and patient with others.
- **Act in a supportive way.** Encourage each other. Acknowledge each other's contributions, and lend a hand when others need help. Be inclusive and welcoming.

The purpose of this statement is to foster good relationships throughout the University community.

MHealthy.umich.edu/thrive

