



Lemon Basil Ginger Ale

Servings: 2

¼ cup fresh lemon juice
1 tablespoon agave syrup
1 tablespoon fresh basil, finely chopped
1 teaspoon ginger root, freshly grated
2 cups sparkling mineral water

Method

In a small bowl or jar, combine lemon juice, agave syrup, basil, and ginger and allow to steep 30 minutes.
Strain and divide into two glasses.
Add sparkling water to each glass.
Add ice, if desired.
Garnish with a twist of lemon peel.

Nutrition Information (per serving)

13 calories (0.8% calories from fat), trace fat, trace protein, 4 g carbohydrate, trace dietary fiber, 0 mg cholesterol, 4 mg sodium