

U-M Benefits Orientation



HEALTH &
WELL-BEING

EFFECTIVENESS
& EFFICIENCY

CULTURE
& CLIMATE

INTRODUCTION TO U-M BENEFITS

Who Is Eligible for Benefits?

- Benefits eligibility is based on:
 - Your job
 - The number of hours you work
 - The length of your appointment
- You may enroll in coverage for yourself as well as a spouse or other qualified adult and any dependent children (up to age 26)

hr.umich.edu/benefits-eligibility

How Do I Enroll?

- As a new hire, you will enroll online through Wolverine Access > New Hire > Benefits Self-Service for everything except flexible spending account
- Your benefits options will be shown **after 8 pm** on your date of hire or your appointment is processed by your department and entered online; whichever is later
- As a new hire, you have **30 days** to enroll
- You may enroll in or change retirement savings plans, life insurance, or long-term disability at any time

wolverineaccess.umich.edu

Can I Change My Benefits Later?

- Open Enrollment occurs annually beginning in late October with changes effective Jan. 1
- After enrolling as a new hire, you can change your health benefits during the year due to a qualifying event
 - Includes changes in legal marital status, number of dependents, employment status, residence or work site change, or domestic relations court order

How Much Do Benefits Cost?

- Monthly rates for certain plans are standard
 - Dental, vision and legal plans
- Others are based (in part) on your salary
 - Health, life insurance, and long-term disability plans
- U-M pays a portion of your benefits; you pay the rest through payroll deductions

How Much Do Benefits Cost?

- View **general** rate information on our website
- View your **personal** benefit plan rates on Wolverine Access > Benefits Self-Service

hr.umich.edu/benefits-rates

wolverineaccess.umich.edu

Payroll Deductions for Benefits

- If you are paid bi-weekly, most deductions are taken from the first two paychecks of each month (24 equal amounts)
 - There are two months with three paychecks
 - No benefit deductions from third check except retirement contributions
- If you are paid monthly, all deductions are taken from every paycheck

payroll.umich.edu

Payroll Deductions for Benefits

Always Pre-Tax:	Always After Tax:
Health Plan	Life Insurance
Dental Plan	Long-Term Disability
Vision Plan	Legal Services Plan
Flexible Spending Acct	
Basic Retirement Plan	

Choose Pre-Tax or After Tax (Roth):

403(b) SRA and 457(b) Deferred Comp

HEALTH PLANS

Health Plans Overview

- Choose from 5 health plans
 - Comprehensive Major Medical (CMM)
 - Community Blue PPO
 - Consumer-Directed Health Plan (CDHP) with Health Savings Account (HSA)
 - Michigan Care (Must live in service area)
 - U-M Premier Care (Must live in service area)
- GradCare plan exclusively for grad students
- All plans include prescription drug coverage

hr.umich.edu/health-plans

Before Choosing a Plan, Consider . . .

- Whether you prefer:
 - Higher monthly premiums with lower out-of-pocket costs (copays, deductibles, coinsurance)
 - Lower monthly premiums with higher out-of-pocket costs
- Access to your preferred doctors and hospitals
- Residency requirements for you and your dependents
- Anticipated health needs over the next year

Comparing Health Plans

CDHP	<ul style="list-style-type: none"> • Lowest premium cost, higher deductible and out-of-pocket limit • \$1,650 individual/\$3,300 family deductible • Flexibility to see any provider • When you enroll in the CDHP, you're automatically enrolled into an
CMM	<ul style="list-style-type: none"> • ^{HSA} Low monthly cost, high out-of-pocket • \$500 individual/\$1,000 family deductible • Flexibility to see any provider
PPO	<ul style="list-style-type: none"> • Higher monthly cost, low copays in network • Flexibility to see out-of-network providers
MiCare	<ul style="list-style-type: none"> • Moderate monthly cost, low copays • Primary care physician (PCP) required, referral needed for specialist • Narrow provider network, must live in service area
UMPC	<ul style="list-style-type: none"> • Moderate monthly cost, low copays • PCP required, referral needed for specialist • Local provider network, statewide option

Benefits Mentor Online Decision Support Tool

- Benefits Mentor can help you compare U-M's Health Plans to select the one that fits your individual needs
- Benefits Mentor:
 - Is a free, online, interactive tool
 - Uses benchmark data to help you compare U-M Health Plans
 - Analyzes info you list as important – such as cost, physician network and specific benefits – to help support your selection of a Health Plan

hr.umich.edu/benefits-mentor

Health Plan Resources

- Health plan resources, including a tool to compare for health services offered by the plans and participating provider directories, are available on the HR website
- hr.umich.edu > Benefits and Wellness > Health Plans > Health Plan Forms and Documents

hr.umich.edu/health-plan-resources

hr.umich.edu/health-plan-forms-documents

PRESCRIPTION DRUG PLAN

U-M Prescription Drug Plan

- Automatic enrollment for all participants enrolled in any U-M health plan
- Prescription drug ID card arrives from Prime Therapeutics
- Fill prescriptions at any pharmacy in the Prime Therapeutics network or by mail
 - Register with Birdi (mail order vendor) even before you need a prescription

hr.umich.edu/prescription-drug-plan

Prescription Drug Plan Copays

Drug Type	Copay
Preventive (Affordable Care Act)	\$0
Generic	\$10
Preferred Brand Name	\$20
Non-Preferred Brand Name	\$75*

**Plus possible product selection penalty*

- No annual deductible or separate premium
- Fill through mail order to save one copay every three months

DENTAL PLAN

Dental Plan

- Administered by Delta Dental of Michigan (no card)
- Choose Option 1, 2, or 3
- Three things to consider:
 - How much dental work do you think you and your family will need in the coming year?
 - Does your dentist participate with Delta Dental PPO or Premier network?
 - Monthly premium cost vs. out-of-pocket costs

hr.umich.edu/dental-plan

Diagnostic and Preventive Services

All three plan options cover:

- Oral exams twice per calendar year
- Cleanings twice per calendar year
- Emergency treatment to relieve pain
- Bitewing X-rays once per calendar year and full mouth X-rays once in any five-year period
- Orthodontic services at 50% for eligible dependents up to age 19

Comparing Dental Options: Cost

	Option 1	Option 2	Option 3
Monthly Premium	University pays in full	Moderate premium	Highest premium
Deductible*	No deductible	\$50/person, \$150/family	\$50/person, \$150/family
Other out-of-pocket costs	None for preventive, highest for basic/major services	Depends on type of service and dentist (PPO = lower)	Lowest

Comparing Dental Options: Coverage

	Option 1	Option 2	Option 3
Preventive Services	100% coverage	100% coverage	100% coverage
Basic services*	Not covered	PPO = 100% Premier = 60%	100% coverage
Major services**	Not covered	PPO = 50% Premier = 40%	50% coverage
Orthodontia	50% (up to age 19), with \$1,500 lifetime limit		

Choosing a Dentist

- You can choose any dentist you want
 - Greatest savings with a Delta PPO provider
 - Some savings with a Delta Premier provider
- Delta PPO and Premier participating dentists won't bill more than Delta's approved amount
- If you see a non-participating dentist, you will submit claims and pay any difference between the charges and Delta's approved amount

VISION PLAN

Vision Plan

- Administered by Davis Vision by MetLife (no card)
- One eye exam and pair of eyeglasses per year or standard, soft, daily-wear, disposable contacts in lieu of eyeglasses
- Full provider list at Davis Vision by MetLife website
 - Kellogg Eye Center is a participating provider

hr.umich.edu/vision-plan

metlife.com

FLEXIBLE SPENDING ACCOUNTS

Flexible Spending Accounts (FSA)

- An FSA lets you put money aside before taxes to pay for eligible expenses
- Three types of accounts
 - Health Care FSA
 - Limited Purpose FSA: Only for those enrolled in the CDHP
 - Dependent Care FSA
- Administered by Inspira Financial
- Enroll by paper form or eForm, not Wolverine Access

hr.umich.edu/flexible-spending-accounts

Health Care FSA

- Set aside pre-tax dollars for out-of-pocket **health care expenses** for you and your eligible dependents
- Use like a debit card or submit claims for reimbursement – keep receipts either way!
- Your entire annual contribution amount is available to use right away

hr.umich.edu/health-care-fsa

Limited Purpose FSA

- Only available to employees enrolled in the Consumer-Directed Health Plan (CDHP)
- Just like the Health Care FSA, except it **can only be used to pay for vision, dental and orthodontic expenses** such as dental implants, Invisalign orthodontics, adult braces, prescription sunglasses and LASIK surgery

hr.umich.edu/health-care-fsa

Dependent Care FSA

- Set aside pre-tax dollars for out-of-pocket **dependent day care expenses** for your eligible dependents
- Must keep receipts and submit claims for reimbursement
- You can only be reimbursed up to the amount that is currently available in your account

hr.umich.edu/dependent-care-fsa

Examples of Eligible Expenses

Health Care FSA

Prescription copays

Lasik surgery

Dental expenses

Doctor's office copays

Hearing aids

Mental health care

Dependent Care FSA

Daycare expenses

Private preschool

After-school care

Summer day camps

Care for disabled dependents

- Complete list available on [inspirafinancial.com](https://www.inspirafinancial.com)

FSA Contribution Limits

Health Care and Limited Purpose FSA

\$3,200 individual annual maximum

\$120 annual minimum

Dependent Care FSA

\$5,000 household annual maximum

\$120 annual minimum

- You determine how much to contribute
- Provides immediate tax savings
- Dependent Care FSA limit may be affected by several factors

FSA Example

Annual Savings Example	Has FSA	No FSA
Annual taxable income	\$28,000	\$28,000
Annual contribution to FSA	(\$1,500)	\$0
Resulting taxable income	\$26,500	\$28,000
Federal taxes and Social Security	(\$9,447)	(\$9,982)
After-tax spending, eligible expenses	\$0	(\$1,500)
Real spendable income	\$17,053	\$16,518
Annual tax savings	\$535	\$0

FSA Considerations

- “Use it or lose it” rule
 - Estimate your annual expenses carefully
- Contributions continue through December 31
 - FSA enrollments do not carry over
 - Must re-enroll each year if you wish to participate
- Grace period for expenses through March 15
- Submit claims by May 31
- No mid-year contribution changes without a qualified change in status

LIFE INSURANCE

Life Insurance

- One university-paid plan plus two additional options for more coverage
 - University Life Insurance Plan (automatic)
 - Optional Life Insurance
 - Dependent Life Insurance
- Administered by MetLife
- You must name beneficiaries

hr.umich.edu/life-insurance

University Life Insurance

- \$30,000 plan for eligible faculty and staff
- Covers you only and is paid by the university at no cost to you
- You are automatically enrolled
- You must name beneficiaries

Optional Life Insurance

- Options for additional coverage
 - \$10,000 (minimal or no cost to you)
 - \$50,000
 - 1x salary up to 8x salary
- You must enroll to participate (not automatic)
 - 30 days to enroll without a health statement
 - Coverage of \$650,000 or more always requires a health statement
- Covers sim hr.umich.edu/optional-life-insurance

Optional Life Insurance Considerations

- Coverage amounts and costs may increase
 - When your salary increases (if tied to salary)
 - When you move to a higher age bracket
- You may enroll or change your coverage at any time
 - Health statement may be required

Designate Your Beneficiary

- Any person you wish; may add or change at any time
- **Important!** Remember to update your beneficiary after life events such as marriage, divorce, birth or adoption of a child
- Make or change beneficiary designations on MetLife's website
- Separate process for designating your retirement savings plan beneficiaries (designations do not transfer between plans)

[metlife.com/mybenefits](https://www.metlife.com/mybenefits)

Dependent Life Insurance

- You are always the beneficiary

Spouse/OQA (health statement required)

- \$10,000, \$25,000, \$50,000 or \$100,000

Children (no health statement required)

- \$2,000 per child or \$5,000 per child
- One rate covers all eligible children

hr.umich.edu/dependent-life-insurance

LONG-TERM DISABILITY

Long-Term Disability

- LTD coverage provides financial protection if you become disabled and can no longer work
- Plan pays up to 65% of your salary plus U-M pays to continue your benefits
- You pay the full cost for two years, then U-M pays the premium for salary up to a median annual salary indexed annually
- Enroll or change at any time. A health statement may be required
- You can elect to pay for coverage on salary above the median annual salary

hr.umich.edu/long-term-disability

LEGAL SERVICES PLAN

Legal Services Plan

- Covers wills and estate planning, real estate matters, family law matters, debt defense, defense of civil lawsuits, preparation of legal documents, identity theft protection
- Does not cover divorces, job/business-related law, or litigation against U-M
- Administered by MetLife Legal Plans

hr.umich.edu/legal-services-plan

RETIREMENT SAVINGS PLANS

Retirement Savings Plan

Three savings plan options, no pension or 401k

Enroll or change at any time:

- Basic Retirement Plan: 403(b) and 401(a) defined contribution plan
- 403(b) Supplemental Retirement Account
- 457(b) Deferred Compensation Plan

Two investment companies

- TIAA
- Fidelity Investments

hr.umich.edu/retirement-savings-plans

Basic Retirement Plan

- You contribute 5%
- U-M 10% match begins 12 months after your eligible service date, once you have enrolled
- Enroll or change your contributions at any time in Wolverine Access
- Your contributions are pre-tax

hr.umich.edu/basic-retirement-plan

Compulsory Participation

- Basic Plan participation becomes compulsory when you are age 35 or older with 2 years of eligible service and a 100% appointment
- If you do not enroll, you will be automatically enrolled in the Reduced Benefit Option
 - U-M contributes 5%
 - You contribute nothing
- You can always choose to enroll as a regular participant and receive the full 2-for-1 match

Access to Basic Plan Contributions

- Cash withdrawals are available from employee 403(b) amounts for hardship or disability, or at age 59½ or older.
- Former employees may access their contributions and earnings at any age, U-M contributions and earnings at age 55 or older
 - IRS penalty for withdrawals before 59½ may apply
- Loans are not available

403(b) Supplemental Retirement Account (SRA)

- Save more for retirement
 - Up to \$23,500 per year if under age 50
 - Up to \$31,000 per year if 50 or older
 - Up to \$34,750 per year if age 60-63
 - Includes 5% 403(b) contribution made to the Basic Retirement Plan
- You decide how much to contribute
 - No U-M match
 - Save on a pre-tax or after tax (Roth) basis
- Enroll or change your contribution amount at any time online in Wolverine Access

457(b) Deferred Compensation Plan

- Save even more for retirement
 - Up to \$23,500 per year if under age 50
 - Up to \$31,000 per year if age 50 or older
 - Up to \$34,750 per year if age 60-63
- You decide how much to contribute
 - No U-M match
 - Save on a pre-tax or after tax (Roth) basis
- Enroll or change your contribution amount at any time online in Wolverine Access

Access to 403(b) and 457(b) Contributions

- 403(b) SRA
 - Withdrawals while employed for hardship or disability, or at age 59½ or older
 - Former employees may cash out at any age
 - IRS penalty for withdrawals prior to 59½ may apply
- 457(b)
 - Withdrawals while employed at age 59½ or older
 - Former employees may cash out at any age
- 403(b) SRA and 457(b) loans are available (with restrictions)

Investment Companies

- Invest with TIAA or Fidelity, or both
- Allocate among a wide selection of funds
- You will receive a welcome packet from TIAA and/or Fidelity within about 30 days of enrollment
- Contact TIAA and/or Fidelity to designate your beneficiary
 - Not the same process as declaring your life insurance beneficiary

Investment Fund Options

- Default investment option
 - TIAA Lifecycle Index Fund
 - Fidelity Freedom Index Fund Class W
- Default funds automatically select the right mix of investments for a target retirement date, becoming more conservative over time
- Contact TIAA or Fidelity to change your investment choices

Eligibility to Retire

- Determined by a point system, 80 points to retire
- Points equal age plus years of continuous eligible service at U-M, need minimum 10 years of service
- Maximum university contribution for benefits after 20 years of service, pro-rationed if less than 20 years
- Health, prescription drug, dental, vision, legal, and life insurance coverage continues, if eligible; some or all of the monthly premiums are paid by the retiree

hr.umich.edu/retirement-eligibility

Help with Retirement Savings

TIAA

- Phone counseling center: (800) 842-2252
- Local counseling appointments: (800) 732-8353

tiaa.org/umich

Fidelity

- Phone counseling center: (800) 343-0860
- Local counseling appointments: (800) 642-7131

netbenefits.com/uofm

HOW TO ENROLL IN BENEFITS

How to Enroll in Benefits

You will need a username and UMICH password to log in to Wolverine Access

wolverineaccess.umich.edu

Wolverine Access

The screenshot shows the Wolverine Access interface. At the top, there is a dark blue header with the 'M' logo and the text 'WOLVERINE ACCESS'. Below this, a search bar contains the text 'new hire'. The main content area is titled 'New Hire' and includes a 'New Hire' collection tile with a person icon. Below this are several tiles: 'Compare Medical Plans' (with sub-tiles for Health Care, Dental, and FSA Expenses), 'Additional Plans', and 'Set Up Retirement Accounts'. A red arrow points to the 'Benefits Self-Service' tile, which is part of the 'Select Benefits - Within 30 Days of Hire' section.

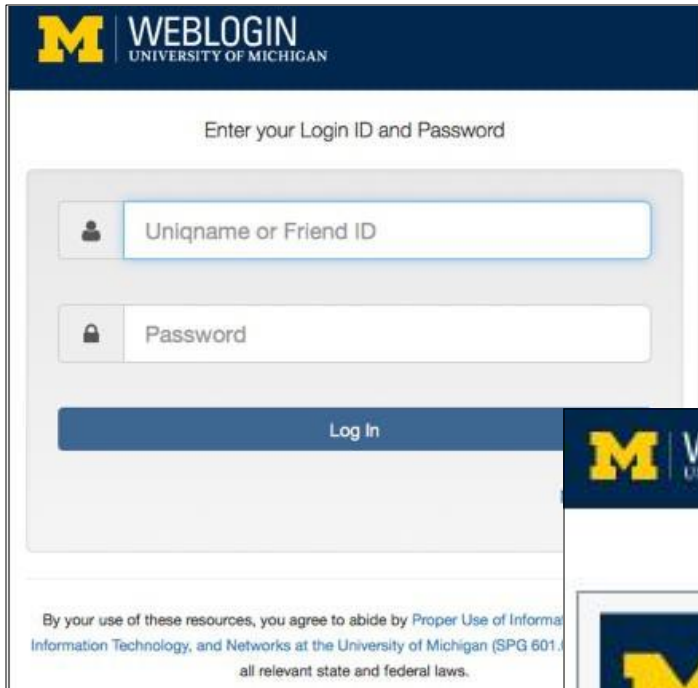
There are many ways to navigate through Wolverine Access and customize your homepage.

For quick access to benefits enrollment, enter **new hire** in the search bar, click the **New Hire** collection tile, and then click the **Benefits Self-Service** tile.

Wolverine Access

Enter your unickname and UMICH password to log in.

If you have Duo two-factor authentication enabled, choose an authentication method.



The screenshot shows the top portion of the Weblogin page. At the top left is the University of Michigan logo (a yellow 'M') and the text 'WEBLOGIN UNIVERSITY OF MICHIGAN'. Below this is a dark blue header with the text 'Enter your Login ID and Password'. The main content area has a light gray background and contains two input fields: the first is labeled 'Unickname or Friend ID' and the second is labeled 'Password'. Below these fields is a blue button with the text 'Log In'. At the bottom of the page, there is a small disclaimer: 'By your use of these resources, you agree to abide by Proper Use of Information Technology, and Networks at the University of Michigan (SPG 601.1) all relevant state and federal laws.'



The screenshot shows the 'Two-Factor Authentication Required' page. At the top left is the University of Michigan logo (a yellow 'M') and the text 'WEBLOGIN UNIVERSITY OF MICHIGAN'. Below this is a dark blue header with the text 'Two-Factor Authentication Required'. The main content area has a light gray background and contains a dropdown menu labeled 'Device:' with the value 'iOS (XXX-XXX-8955)'. Below this is a section titled 'Choose an authentication method' with three options: 'Duo Push (recommended)' with a 'Send Me a Push' button, 'Call Me' with a 'Call Me' button, and 'Passcode' with an 'Enter a Passcode' button. At the bottom, there is a checkbox labeled 'Remember me for 12 hours'. On the left side of the page, there is a large yellow 'M' logo and a list of links: 'What is this?', 'Add a new device', 'My Settings & Devices', and 'Need help?'. At the bottom left, it says 'Powered by Duo Security'.

Wolverine Access “New Hire Event”

The screenshot displays the 'Benefits' section of the Wolverine Access portal. The interface is organized into a grid of tiles. The top row includes 'UM New Benefits Eligibility' (highlighted with a red box and a red arrow) and 'Open Enrollment'. The 'Open Enrollment' tile contains a message: 'Your Open Enrollment Event is not available. You have another event available to be processed.' Below these are three columns of tiles: 'Benefits Summary', 'Benefits Statement' (with a '2022 Confirmation Statement' label), and 'Benefits Enrollment' (with a large yellow 'M' logo). The second row contains 'Calculate Ret. Contribution', 'Dependent/Beneficiary Info', and 'Display Benefit Plan Rates'. The third row contains 'Est. Retirement Eligibility Dt', 'Form 1095 Consent' (with an 'ACA' label), and 'Form 1095 View' (with an 'ACA' label).

Click the **UM New Benefits Eligibility** tile to begin.

OTHER BENEFITS AND RESOURCES

Other Employee Benefits and Resources

- MHealthy
- Work-Life Resource Center
- Faculty and Staff Counseling and Consultation Office (FASCCO)
- Office of Counseling and Workplace Resilience
- Mediation Services
- Emergency Hardship Program

hr.umich.edu

CLOSING/REMINDERS

Closing/Reminders

1. Review information on the UHR website at hr.umich.edu/benefits-wellness
2. Call the Shared Services Center at (734) 615-2000 if you have questions
3. Check your benefits summary using the Benefits Self-Service tile on Wolverine Access
4. Review your paycheck deductions

Closing/Reminders

5. Complete the Flexible Spending Account form and return as instructed on the form
6. Be sure to **read all** U-M communications.
7. Emails go to uniquename@umich.edu addresses only. If you have an email address with a prefix (such as **@med.umich.edu**), set up forwarding to **@umich.edu** through MCommunity.

Important Reminders

1. If you have a life event, such as marriage, divorce, or a new baby, **update your beneficiaries** with MetLife for life insurance and with TIAA and Fidelity for retirement savings plans
2. If you are a former U-M employee or student, **update your personal information** (name, address, phone numbers) with U-M
3. If you move, **update your address** with U-M, TIAA and Fidelity

CONGRATULATIONS!

Limitations

The University of Michigan in its sole discretion may modify, amend, or terminate the benefits provided with respect to any individual receiving benefits, including active employees, retirees, and their dependents. Although the university has elected to provide these benefits this year, no individual has a vested right to any of the benefits provided. Nothing in these materials gives any individual the right to continued benefits beyond the time the university modifies, amends, or terminates the benefit. Anyone seeking or accepting any of the benefits provided will be deemed to have accepted the terms of the benefits programs and the university's right to modify, amend, or terminate them. Every effort has been made to ensure the accuracy of the benefits information in this site. However, if any provision on the benefits plans is unclear or ambiguous, the Benefits Office reserves the right to interpret the plan and resolve the problem. If any inconsistency exists between this site and the written plans or contracts, the actual provisions of each benefit plan will govern.

© 2025 Regents of the University of Michigan