



Resources to help you integrate work or school and your personal life.

Child and Family Care is the new name for the University Human Resources Unit formerly called Work-Life Resource Center.

U-M CHILDREN'S CENTERS

On-campus weekday programs for young children in Ann Arbor, Dearborn, and Flint.

hr.umich.edu/childrens-centers

CHILD CARE RESOURCES

Information, links, and online child care listings.

hr.umich.edu/child-care-resources

CAMPUS CHILD CARE HOMES NETWORK

Licensed, independent Ann Arbor-area home child care providers who serve U-M families.

hr.umich.edu/campus-child-care-homes-network

KIDS KARE AT HOME

Occasional back-up child care.

hr.umich.edu/kids-kare

FAMILY HELPERS POSTING BOARD

Online profiles of U-M students and retirees who offer child care and other family support.

hr.umich.edu/family-helpers

LACTATION AND PARENTING RESOURCES

Information including U-M lactation room locations and set-up guide, and parenting resources.

hr.umich.edu/lactation-resources

ELDER CARE RESOURCES

Information and local/nationwide resources.

hr.umich.edu/elder-care

ANNUAL CONFERENCE

"Connecting the Dots" is a yearly virtual conference for the U-M community.

hr.umich.edu/connecting-the-dots

CARE.COM

Online listings of community caregivers who offer child care and other household help.

hr.umich.edu/care-com

For more information, visit: hr.umich.edu/child-family-care

Questions? E-mail worklife@umich.edu or call 734-936-8677